



## Wearside March 2026

Scheduled Activity Groups **Please check the venue, dates and times carefully** Refreshments – as indicated  
**Please bring your own cup to St Gabriel's**

DATE	Activity Group Group Leader	VENUE & NOTES
Monday 2nd March 10 am - 12noon	<b>Discussion</b> Ian	<b>Back on the Map</b> Tea and coffee provided <b>Sign up at monthly meeting</b>
<b>Tuesday 3rd March</b> <b>11.00am</b>	<b>10 Pin Bowling</b> <b>Trial Group</b>	<b>Sunderland Bowl</b> , High Street East (beside Omniplex Cinema) <b>Valid ID required for concession prices</b> - Sign up at monthly meeting
Thursday 5th March 2pm - 4pm	<b>Crafty Stitchers</b> Marian	Chester Room, <b>St Gabriel's Church Hall</b> , <b>Bring a cup/mug</b> <b>Sign up at monthly meeting</b>
Thursday 5th March 2pm - 4pm	<b>Quiz</b> George /Mike	Barnes Room, <b>St Gabriel's Church Hall</b> , <b>Bring a cup/mug</b> <b>Sign up at monthly meeting</b>
Monday 9th March for 1pm	<b>German Conversation</b> Esther Topic: A Railway Journey	<b>Back on the Map</b> Tea and coffee provided <b>Sign up at monthly meeting</b>
Tuesday 10 <sup>th</sup> March 10.30 am	<b>Reading Group</b> Ann	<b>Kayll Road Library</b> <b>Sign up at monthly meeting</b>
Thursday 12th March 2 - 4pm	<b>Kurling Group</b> Ann & Mike	<b>Holy Rosary Parish Centre</b> , Arbroath Road, Farringdon SR3 3LD <b>Sign up at monthly meeting</b>
Friday 13 <sup>th</sup> March 9.45 - 11.45am	Monthly Meeting Speaker: Dr Bob Pullen "Touch, Pain & Painkillers"	<b>Sunderland Bangladesh International Centre</b>
Tuesday 17 <sup>th</sup> March 10 am	<b>Coffee Morning</b> Jean	Sea Change at the Museum & Winter Gardens, Burdon Rd SR1 1PP <b>Sign up at monthly meeting</b>
Thursday 19th March 2 - 4pm	<b>IT Group</b> Ian	Barnes Room, <b>St Gabriel's</b> <b>Bring a cup/mug Sign up at monthly meeting</b>
Friday 20th March 2.15 - 4pm	<b>Science</b> Bob Topic: Friction	<b>St Nicolas' Church Hall</b> <b>Sign up at monthly meeting</b>
Monday 23rd March 10 - 12noon	<b>Board Games</b> Ann & Mike	Barnes Room, <b>St Gabriel's Church Hall</b> , <b>Bring a cup/mug Sign up at monthly meeting</b>
Tuesday 24th March 2 - 4 pm	<b>Photography</b> George Topic: Own Choice	Barnes Room, <b>St Gabriel's Church Hall</b> , <b>Bring a cup/mug Sign up at monthly meeting</b>
Wednesday 25th March 2 - 4pm	<b>Wearside Wanderers</b> Chris M	Planning Meeting SBIC <b>Sign up at monthly meeting</b>
Friday 27th March 2 - 4pm	<b>Talking Travel</b> George /Mike Speaker: Hilary "Norway part 2"	<b>The Underchurch, St Gabriel's Church</b> <b>Bring a cup/mug Sign up at monthly meeting</b>



## Wearside

DATE	Open Air Activities	NOTES
Monday 16th March	<b>Walking/Strolling</b> Doug	Confirm meeting point and time at the monthly meeting <b>Sign up at monthly meeting</b>
Monday or Wednesday or Friday Mornings	<b>Wild Patch</b> Christa	Dependant on the weather we aim at once a week in winter

DATE	Non U3A Activity that may interest you	Email the group leader for the link to join in the meeting if you are not on the emailing list
Monday 9th March 3pm via Zoom	<b>Latin via Zoom</b> Liz T	
Wednesday 4th March 1pm for 1.30 start	<b>Crumbs &amp; Chronicles</b> Stuart Miller Three Sporting Heroes	17Nineteen (Holy Trinity Church)

### Membership

Membership fees remain at £15. Membership renewal forms are available on the website, or from the membership secretary Liz Knox, at the monthly meeting and at activity groups by arrangement. The door fee for the monthly meetings and activity groups is £2.

### News

Reminder - membership lasts until **31st March 2026** as on your membership card. You are all members of all groups however some activities are only for regular attendees such as lunches. Some group numbers are limited e.g. Discussion. Please sign up for the groups as this allows Group Leaders and the Executive Committee to to organise appropriate venues and seating. At some venues such as St Gabriel's our members have to put out the chairs, tables etc and clear away afterwards.

<b>Chairman</b>	<b>Mike</b>	<b>Hampshire</b>	
<b>Vice Chairman</b>	Vacant – cover by rest of committee		
<b>Treasurer</b>	Doug	Knox	
<b>Business Secretary</b>	Christa	Lloyd	
<b>Speaker Secretary</b>	Carol	Donald	
<b>Group Leader Coordinator</b>	Wendy	Kisby	
<b>Meeter/Greeter</b>	Hilary	Shaw	
<b>AV/IT/Technical &amp; Assistant Treasurer</b>	Ian	Jameson	
<b>Refreshments Joint Lead</b>	Valerie	Grainger	
<b>Refreshments Joint Lead</b>	Marilyn	Powell	

Whether it's helping at a meeting, joining the committee or leading an interest group, one of the wonderful things about u3a is that we all have a part to play. Volunteering brings our members together. What new role could you take on? The committee meetings are alternate months = 6 meetings a year if needed - unnecessary meetings are cancelled. If you wish to attend a meeting to observe please speak to Christa to make sure a seat is available for you. We value the work of all members contributing to the smooth running of Wearside U3A. Keep in touch and share your ideas for keeping Wearside U3A a vibrant and healthy organisation.